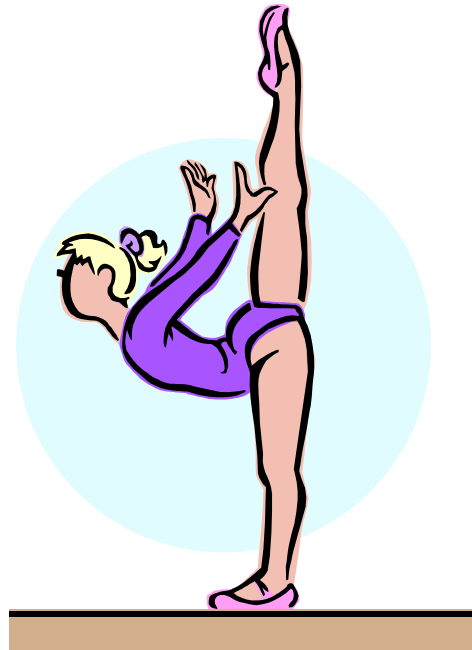


# Gymnastics

Brought to you by  
Rah Rah Tumble and Fitness LLC



**Classes Start the week of August 31<sup>st</sup>**

**Pick up a registration packet at the Front Desk and register today!**

**Class Schedule:**

Day	Age or Grade	Type of Class	Time	Class Length	Location
Monday	2 Year Olds	Gymnastics	3:00 – 3:45	45 minutes	Yoga Studio
Monday	K – 1 <sup>st</sup> Grade	Gymnastics	4:00 – 5:00	60 minutes	Yoga Studio
Tuesday	4 <sup>th</sup> – 5 <sup>th</sup> Grade	Gymnastics	4:00 – 5:00	60 minutes	Group Exercise Studio
Wednesday	3-4 Year Olds	Gymnastics	3:00 – 3:45	45 minutes	Yoga Studio
Wednesday	2 <sup>nd</sup> – 3 <sup>rd</sup> Grade	Gymnastics	4:00 – 5:00	60 minutes	Yoga Studio
Thursday	6 <sup>th</sup> – 8 <sup>th</sup> Grade	Cheer/Gymnastics	4:00 – 5:00	60 minutes	Group Exercise Studio
Thursday	9 <sup>th</sup> – 12 <sup>th</sup> Grade	Cheer/Gymnastics	5:15 – 6:15	60 minutes	Yoga Studio

**YMCA Mission:** To put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

Our goal is to turn no one away because of an inability to pay. Financial assistance is available through our Open Doors Scholarship program.