

NEW
Fitness Center Age Requirements
(Effective 8/01/07)

16 years and Older

Full Facility privileges

14 – 15 years old

Full Facility privileges
WITH Teen Certification

12 & 13 years old

Use of Cardio / Stretching Room
ONLY

11 years and younger

NO ENTRY to the Fitness Center
*Please see Energy Factory hours
and policies for ages 5 years old
and older

Thank you for your compliance with these policies

