

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-6:00 AM	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	<b>Pool Opens at 6:00 AM</b>	
6:00-8:00 AM	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (5) <b>REC SWIM</b>	
8:00-10:00 AM	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) Adult Water Exercise	LAPS (3) <b>Swim Lessons</b> <b>REC SWIM</b>	
10:00AM-12 NOON	LAPS (3) Adult Water Exercise	LAPS (4) <b>REC SWIM</b>	LAPS (3) Adult Water Exercise	LAPS (4) <b>REC SWIM</b>	LAPS (3) Adult Water Exercise	LAPS (3) <b>Swim Lessons</b> <b>REC SWIM</b>	<b>Pool Opens at 12 Noon</b>
12:00-1:00 PM	LAPS (3) Adult Water Exercise	LAPS (4) <b>REC SWIM</b>	LAPS (3) Adult Water Exercise	LAPS (4) <b>REC SWIM</b>	LAPS (3) Adult Water Exercise	LAPS (4) <b>Swim Lessons</b> <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>
1:00-4:30 PM	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>
4:30-7:00 PM	LAPS (3) <b>Swim Lessons</b> <b>GCY PRACTICE</b>  <b>*NO REC SWIM</b>	LAPS (3) <b>Swim Lessons</b> <b>GCY PRACTICE</b>  <b>*NO REC SWIM</b>	LAPS (3) <b>Swim Lessons</b> <b>GCY PRACTICE</b>  <b>*NO REC SWIM</b>	LAPS (3) <b>Swim Lessons</b> <b>GCY PRACTICE</b>  <b>*NO REC SWIM</b>	LAPS (3) <b>GCY PRACTICE</b>  <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>	LAPS (4) <b>REC SWIM</b>
7:00-8:00 PM	LAPS (3) Swim Lessons Adult Water Exercise <b>REC SWIM</b>	LAPS (3) Swim Lessons <b>REC SWIM</b>	LAPS (3) Swim Lessons Adult Water Exercise <b>REC SWIM</b>	LAPS (3) Swim Lessons Adult Water Exercise <b>REC SWIM</b>	LAPS (3) <b>REC SWIM</b>	<b>Pool Closes at 5:30 PM</b>	<b>Pool Closes at 5:30 PM</b>
8:00-9:30 PM	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>	LAPS (5) <b>REC SWIM</b>		

### LEGEND

(#): Indicates number of lap lanes available  
**REC SWIM:** Indicates Open Swim times  
**GCY:** Indicates Swim Team Practice

### POOL POLICIES

1. All children 13 and under must be accompanied by an adult, or demonstrate swimming proficiency by completing a swim test. Children 8 & Older **who HAVE PASSED a swim test**, may be left unattended in the pool area for **UP TO ONE HOUR** (Parents are not required to stay in the pool area, but must remain in the building & notify the Lifeguard on Duty prior to leaving children unattended in the pool area).
2. Children 5 & under **MUST** be accompanied by an adult *in the water & within arms reach* of the child at **ALL TIMES**.
3. The Dew Drop and Water Slide have separate hours from the normal pool schedule, signs are posted indicating open times for these features.
4. **SWIM TESTS:** All children under the age of 13 **MUST** pass a lifeguard administered **SWIM TEST** before being allowed access to the deep end of the pool. Please see a member of the Aquatics Staff for more information on swim testing.

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 Aquatics Director

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