

Y SWIM LESSONS™

We build strong kids, strong families, strong communities.

Program (Please Circle One)

SKIPS

Pike

Eel

Ray

Starfish

Polliwog I

Polliwog II

Guppy

Minnow

Fish

Flying Fish

Adult Beginner Swim Lesson

Adult Advanced Swim Lesson

Monday/Wednesday _____: _____

Tuesday/Thursday _____: _____

Saturday _____: _____

Participant Information

Last Name: _____ First Name: _____ Phone: () _____

Address: _____ City: _____ State: _____ Zip: _____

Date of Birth: _____ Age: _____ Gender: Male Female Member or Potential Member

Important Medical Information: _____

E-mail address: _____

Emergency Contact Information

Mother's Name: _____ Home #: _____ Work #: _____

Father's Name: _____ Home #: _____ Work #: _____

Emergency Contact: _____ Home #: _____ Work #: _____

Pool Rules

1. Please shower before entering the pool
2. No Running or Horseplay In and Around the Pool
3. No Diapers in the Pool. Children who are not yet potty-trained should use an elastic 'swim diaper' whenever in the pool
4. All children under the age of 8 must be directly supervised by a responsible adult 16 years of age or older. Children ages 8-12 may use the pool unsupervised upon the completion of the YMCA Swim Test in the presence of both a Lifeguard and a parent or legal guardian. Parents must stay in the water with non-swimming children
5. Swimmers wearing flotation devices should be accompanied by an adult at all times. No Inflatable flotation devices will be allowed for use in the pool, including water-wings and similar items.
6. Use the buddy system. It is always safer to swim in pairs
7. No glassware of any kind will be allowed in the pool area
8. All swimmers must wear a bathing suit or an acceptable substitute garment. No cut-offs, sweats, or see-through garments will be allowed in the pool.
9. Admission to the pool will be refused to all persons with open wounds, contagious diseases, or infectious conditions.
10. The Lifeguard(s) on duty has total discretion as to whether toys, balls, and other items will be allowed in the open swim area.
11. For safety reasons, please refrain from talking to Lifeguards except for clarification of rules or for other safety reasons. Please make all lengthy inquiries to the Aquatics Director.
12. Lifeguards on duty have total discretion in determining which actions are deemed safe and unsafe in the pool area.
13. No diving from the slide. Use a feet-first entry whenever entering the pool
14. Water slide riders must ride one-at-a-time.

Release and Waiver of Legal Liability

THIS IS YOUR REALEASE AND WAIVER OF LIABILITY (the “Release”). You individually and/or on the behalf of any minor child, release the YMCA of Greensboro, Inc., its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, “YMCA”). You agree that this Release is effective immediately. **This is important to you and/or any minor children so do not sign until you have had your questions answered. You provide this Release freely, and without duress under the following terms:**

1. **GENERAL RELEASE:** I hereby agree for myself and/or my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants (“Releases”) in the program harmless from any and all claim and causes of action of any nature for any and all personal injury or illness including death, which may occur to me and/or my child or which may be aggravated during or by any activity during the course of the program in which I have decided to allow myself and/or my child to engage. I further waive any and all claims or causes of action, which I and/or my child may now or hereafter have against Releases which may at any time arise as a result of any act or thing occurring in or arising out of my and/or my child’s participation in the program. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the lay of the State of North Carolina and that any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and effect.
2. **ASSUMPTION OF RISK:** I, individually and/or on the behalf of any minor child, expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from my YMCA activities. You assume the risks: I, individually and on behalf of my minor child, understand that YMCA activities are strenuous and dangerous and should be engaged in only by persons in good health. I understand that I should consult a physician before enrolling myself and/or my child in the YMCA program. Once you sign, you are saying that you understand the risks involved and accept all the risks.
3. **MEDICAL RELEASE:** I, individually and/or on behalf of any minor child, further hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me in connection with any injury that arises from activities at YMCA. A.) I take full responsibility for my and my child(s) welfare and safety on or at YMCA activities. B.) I hereby give permission for emergency medical treatment to be administered as deemed appropriate.
4. **PHOTOGRAPHIC RELEASE:** I consent to be photographed and to allow YMCA’s use of any photos of myself and/or my minor child at its sole discretion.

Make Up Policies and Procedures

Weather Related Incidents and Accidents in the Pool: Make up lessons will be offered.

Illness: Vouchers will be given for missed lessons when a doctor’s note is provided.

Vacation: No make up classes or vouchers will be offered.

HAVING READ, UNDERSTOOD, AND ADREED WITH THESE TERMS, I HAVE EXECUTED THIS RELEASE, TO BE EFFECTIVE IMMEDIATELY.

Today’s Date: ____/____/____ Signature of Participant: _____

Financial assistance is available through our Open Doors Scholarship Program.

The mission of the YMCA of Greensboro is to put Judeo-Christian principles into practice through programs that build a healthy spirit, mind, and body for all.

Spears Family YMCA – 3216 Horse Pen Creek Rd – Greensboro, NC 27410
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