



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPEARS FAMILY YMCA 2012 SUMMER SPORTS

Spears Family YMCA – 3216 Horse Pen Creek Rd, Greensboro, NC 27410.
www.spearsymca.org



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Summer 2012 Youth Hot Hoops Basketball and Cheerleaders

Co-ed Age Groups: 3-4, 5-6, 7-8, 9-10, 11-12, 13-14 and 15-17

Girls Only Age Groups: 7-8, 9-10, 11-12, 13-14 and 15-17

Cheerleader Age Groups: 5 to 9 and 10 to 12

Registration Begins on Monday, March 12, 2012

Ages 3-4 and 5-6 co-ed

Emphasis: The very basic fundamentals of basketball on a scaled down size court. Teams are put together based off of the requests. The 3-4 teams will have a 35-minute practice on Saturday mornings starting at 8:30am followed by the game that lasts 30-minutes and run every 1.25 hours. The 5-6 teams will have a 45-minute practice on Saturday mornings starting at 8:30am followed by a 30-minute game and run ever 1.5 hours. 3-4 teams will have no more than 8 players per team. Games are played 4 on 4. Goals are at six feet tall. 5-6 teams will have no more than 10 players per team. Games are played 5 on 5. Goals are at eight feet tall.

Age Groups 7-8 co-ed and 7-8 Girls

Emphasis: Learning fundamentals of basketball on a scaled down court. Teams are put together based off of the requests. Both age groups will have one weeknight practice for one hour Monday thru Thursday at 5:45pm or 6:45pm with games being played on Saturday morning and run for 45-minutes. Teams will be made up of no more than 10 players. Games are played 5 on 5. Goals are at nine feet tall.

Co-ed Age Groups 9-10, 11-12, 13-14, 15-17 and Girls Only Age Groups 9-10, 11-12, 13-14 and 15-17

Emphasis: More advanced basketball skills. All players will attend a skills evaluation and teams will be made by a draft. Players that do not attend the draft will be placed on a team by the sport staff. Teams will have one weeknight practice for one hour Monday thru Thursday at 5:45pm, 6:45pm or 7:45pm. Games are on either Friday nights or Saturday afternoons and run every hour. All teams will have no more than 10 players. Games are played 5 on 5.

Registration: Early Bird Registration - From March 12th thru May 11th

\$60 YMCA Members \$87 Non-Members

Registrations received from May 12th - May 28th

\$80 YMCA Members \$107 Non-members

NOTE: There is a \$5 discount for additional children in the same family.
No refunds will be offered after teams are made.

Deadlines: Financial Assistance and On-Line Closes: May 11, 2012

Request Deadline: May 18, 2012

Evaluation Date and Times:

The Sport's staff will place players that do not attend the evaluation on a team. If there is Co-ed or Girls only age group with not enough participants then the co-ed and girls only age groups will be combined.

Age Group	Date and Time	Age Group	Date and Time	Age Group	Date and Time
9-10 Co-ed	Tues., May 29 th @ 6 PM	11-12 Girls	Fri., June 1 st @ 6 PM	15-17 Co-ed	Tues., May 29 th @ 8 PM
9-10 Girls	Th., May 31 st @ 7 PM	13-14 Co-ed	Th., May 31 st @ 6 PM	15-17 Girls	Th., May 31 st @ 8 PM
11-12 Co-ed	Tues., May 29 th @ 7 PM	13-14 Girls	Fri., June 1 st @ 7 PM		



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Hot Hoops Basketball Continued

Meet and Greet Date and Times: June 10, 2012

The Meet & Greet is where coaches, players and parents will meet for the first time. This is set up as an informational meeting. Location: On Spears Court #2.

Age Group	Time	Age Group	Time	Age Group	Time
3 - 4 co-ed	9:00 AM	9-10 co-ed & Girls	10:00 AM	15-17 co-ed & Girls	12:00 PM
5 - 6 co-ed	9:00 AM	11-12 co-ed & Girls	11:00 AM		
7-8 co-ed & Girls	10:00 AM	13-14 co-ed & Girls	11:00 AM		

Season Length: Practices begin the week of June 11, 2012.
Games begin the week of June 18, 2012.
Season will end approximately the mid of August 2012.

If you have any questions, please call or email
Jordan Robertson - 387-9624 - Jordan.robertson@ymcagreensboro.org

Hot Hoops Cheerleaders

Age Groups 5 to 9 and 10 to 12

Emphasis: The 5 to 9 Age Group - The basic fundamentals of cheerleading with cheers, movements and squad unity.

The 10 to 12 Age Group - More advanced fundamentals of cheering including squad unity. Each squad will have a one hour weeknight practice Monday thru Friday and cheer for one of the Hot Hoops Basketball games on either Friday night or Saturday.

Registration: Early Bird Registration - From March 12th thru May 11th
\$75 YMCA Members \$100 Non-Members
Registrations received from May 11th - May 28th
\$95 YMCA Members \$120 Non-members

NOTE: There is a \$5 discount for additional children in the same family.
No refunds will be offered after teams are made.

Deadlines: Financial Assistance and On-Line Closes: May 11, 2012
Request Deadline: May 18, 2012

Season Length: Practices begin the week of June 11, 2012.
Games begin the week of June 18, 2012.
Season will end approximately the mid of August 2012.

If you have any questions, please call or email
Jordan Robertson - 387-9624 - Jordan.robertson@ymcagreensboro.org



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Summer 2012 Youth Sport Camps

Camps include: Baseball, Basketball, Golf, Lacrosse, Soccer, Tennis and Volleyball

Registration Begins on Monday, March 12, 2012

Dates of the Camps are to be announced at a later date.

Each Camp will run Monday thru Thursday from 8:30 AM to 12:00 PM.

Rain make up days are on Friday.

Baseball Camp

Learning the fundamentals of baseball including: proper throwing and catching, fielding and hitting drills everyday. Baseball Camp will be held at the baseball fields at the Spears YMCA.

Basketball Camp

Learning the fundamentals of basketball including: dribbling, passing, shooting and defense. The Basketball Camp will be held in the Gater Gym at the Spears YMCA.

Golf Camp

Learning the fundamentals of golf from certified golf professional at Carolina Golf Center off of Pleasant Ridge Road.

Lacrosse Camp

Learning the fundamental of lacrosse including: shooting, receiving the ball, defense, teamwork and passing. The Lacrosse Camp will be held at the athletic fields at the Spears YMCA.

Soccer Camp

Emphasis on the fundamentals of soccer including: passing, defense, shooting and footwork. The Soccer Camp will be held on the soccer fields at the Spears YMCA.

Tennis Camp

The emphasis of this camp will be the fundamentals of tennis including: form, footwork, serving and volleying. The Tennis Camp will be held at the tennis court at Noble Academy.

Volleyball Camp

Learning the proper fundamentals of volleyball including: passing, serving, footwork, net work, and proper techniques. The Volleyball Camp will be held in the Gater Gym at the Spears YMCA.

Registration:

Golf Camp - \$ 175 YMCA Members \$195 Non-Members

All Other Camps - \$100 YMCA Members \$135 Non-Members

NOTE: there is a \$5 discount for additional children in the same family.

No refunds will be offered for not attending

Deadlines: The deadline for each camp is the Friday before the week of Camp

If you have any questions, please call or email

Jordan Robertson - 387-9624 - Jordan.robertson@ymcagreensboro.org or

Pete Baker - 387-9625 - pete.baker@ymcagreensboro.org



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Summer Adult Soccer

**Divisions: Open (Competitive) or Recreational
Registration Begins on Monday, March 12, 2012**

Sign up as an individual or sign up as a team of 12 players.

Games

Open (Competitive) Division will play on Monday & Wednesday at either 6:00 PM or 7:00 PM.

Recreational Division will play on Tuesday & Thursday at either 6:00pm or 7:00 PM
Games that are rained out for either division will be made up on Fridays.

Each team will receive 12 games plus a single elimination tournament at the end of the season.
Games are made up of two 25-minute half.

Photo Id is required at each game and will be checked before the game can start. Failure to provide a photo id will result in failure to play.

All rosters are final after the first game.

Season Length: A Captain's meeting will be held on Tuesday, June 12th at 6:30 PM
Games begin the week of June 18, 2012.
Season will end approximately the mid of August 2012.

Registration: Early Bird Registration - From March 12th thru May 11th
\$60 YMCA Members \$85 Non-Members \$650 Team Fee
Registrations received from May 11th - May 28th
\$80 YMCA Members \$105 Non-members \$670 Team Fee

NOTE: There is a \$5 discount for additional family member.
No refunds will be offered after the first game.

If you have any questions, please call or email
Pete Baker - 387-9625 - pete.baker@ymcagreensboro.org

SPEARS FAMILY YMCA SUMMER SPORTS REGISTRATION FORM

* Must be within age group as of 8/15/12

SPORT: _____ Age Group / Division / Session: _____

Name: _____ DOB ____/____/____ Age: ____ Phone: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Email: _____

Emergency Information:

Mother: _____ (H) _____ (W) _____ (C/P) _____

Father: _____ (H) _____ (W) _____ (C/P) _____

Please indicate T-Shirt Size: (Circle One) YS YM YL AS AM AL AXL

Note: The youth sports staff will attempt to place your child according to your preference; however, due to the large number of participants, we cannot guarantee preferred placement. **Also, all requests must be made by May 18th to be honored!**

Coach Played For Last Year: _____ Night/Time You Cannot Practice: _____

Teammate Requested (one choice only): _____ Captain (adult only) _____
1st Priority: Coach ____ Player: ____ Night/Time ____

RELEASE AND WAIVER OF LEGAL LIABILITY

THIS IS YOUR RELEASE AND WAIVER OF LIABILITY (the "Release"). You individually and/or on behalf of any minor child, release the YMCA of Greensboro, Inc., its officers, directors, board members, employees, volunteers, agents, independent contractors, other participants and/or others acting on its behalf (collectively, "YMCA"). You agree that this Release is effective immediately. This is important to you and/or any minor children, so do not sign until you have had your questions answered. You provide this Release freely, and without duress under the following terms:

- 1) GENERAL RELEASE: I hereby agree for myself and/or my child and our respective heirs, assigns and legal representatives, to indemnify, defend and hold YMCA and its officers, directors, board members, employees, volunteers, agents, independent contractors and other participants ("Release") in the program harmless from any and all claim and causes of action of any nature for any nature for any and all personal injury or illness, including death, which may occur to me and/or my child or which may be aggravated during or by any activity during the course of the program in which I have decide to allow myself and/or my child to engage. I further waive any and all claims or causes of action, which I and/or my child may now or hereafter have against Releases which may at any time arise as a result of any act or thing occurring in or arising out of my and/or my child's participation in the program. I further expressly understand and agree the foregoing indemnity, release and waiver is intended to be as broad and inclusive as permitted by the law of the State of North Carolina and that any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and effect.
- 2) ASSUMPTION OF RISK: I, individually and/or on behalf of any minor child, expressly and specifically assume any and all risk of injury, illness, death, or property damage resulting from my YMCA activities. You assume the risks: I, individually and on behalf of my minor child, understand that YMCA activities are strenuous and dangerous and should be engaged in only by persons in good health. I understand that I should consult a physician before enrolling myself and/or my child in the YMCA program. Once you sign, you are saying that you understand the risks involved and accept all of the risks.
- 3) MEDICAL RELEASE: I, individually and/or on behalf of any minor child, further hereby release YMCA from any claim whatsoever which may arise as a result of any first aid, treatment, or services or assistance provided to me in connection with any injury that arises from activities at YMCA. A) I take full responsibility for my and my child(s) welfare and safety on or at YMCA activities. B) I hereby give permission for emergency medical treatment to be administered as deemed appropriate.
- 4) INSURANCE: YOU ARE EXPECTED TO HAVE YOUR OWN HEALTH INSURANCE. You should understand that the YMCA does not carry insurance to cover injuries and losses that may befall you.
- 5) PHOTOGRAPHIC RELEASE: I consent to be photographed and to allow YMCA's use of any photos of myself and/or my minor child at its sole discretion.
- 6) The YMCA reserves the right to request a birth certificate for verification purposes.

HAVING READ, UNDERSTOOD, AND AGREED WITH THESE TERMS, I HAVE EXECUTED THIS RELEASE, TO BE EFFECTIVE IMMEDIATELY.

Applicant or Parent/Legal Guardian Signature _____ Date _____

I am willing to participate as a volunteer in support of this program as a (check one or more):

Coach ____ Assistant Coach ____ Referee/Umpire ____ Other ____

Program Code: JUN12 Session:05SP